



TransCentral PA Newsletter – Oct. 2007

Edited by Ellen Davidson CeeDee578@aol.com

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There will be a meeting of **TransCentral PA** on Saturday, Oct 6, 2007 at the MCC Church on Jefferson St in Harrisburg, Pennsylvania. The doors open at 8:00 PM and the meeting is scheduled to begin at 8:30 PM. The program will be **Transgender and the Family** with several invited guests to facilitate the topic.

Please bring something to share for refreshments.

Our new webmistress is Kristy Snow and she is doing a wonderful job and is looking for input. Please check it out: the URL for our website is: <http://www.transcentralpa.org/>

We also have a group mail list for our members and others in the Transgender community. The URL for this list is: <http://groups.yahoo.com/group/TransCentralPA/> At this time there are 26 people who have joined this list and it is important that everyone sign up to help improve communications between meetings.

We are looking for leaders. Our annual election for the board of directors will be held at the regularly scheduled meeting on Saturday, Nov 3, 2007.

Kristen has recently talked with the new owners of Canna Country Inn located nearby in Etters. As many of you know we have been holding our annual Christmas Party and holiday sleep-over there for several years and it has been a lot of fun. Please check out the website: <http://www.cannainnbandb.com/>.

She has reserved the Bed and Breakfast for the exclusive use of our group for the first Saturday in December – December 1, 2007. The cost to our group will be \$600 (no sales tax). This is \$100 less than last year. If we can get reservations from 20 people the cost will only be \$30 each. Kristen will provide more information at the meeting.

October is National Breast Cancer month. All women are encouraged to do breast self examinations regularly and to get a mammogram at least once a year. I suppose these same procedures should be done by TS and those who have developed breasts through the use of hormones. So check your boobies, girls.

In reference to the above, please note the following:

There is one thing standing between you and the breasts of your dreams: **testosterone**. After all, testosterone is the **only thing** that prevented you from developing breasts like all the girls during puberty.

However, it IS possible to reduce excess testosterone that may be **preventing your breasts from growing**.

The best way to do this is to use **saw palmetto**. This herb can safely and gently reduce your testosterone level without harsh side effects.

Saw palmetto has a **long history as a breast enlargement herb**. You can even find reference to it in the *King's American Dispensatory*, a medical text from 1898. It states:

"Continued use of saw palmetto is said to slowly and surely **cause the mammary glands to increase.**"

Look for saw palmetto berries at your local health food store and **start by taking one capsule 3x per day**. Increase as needed, making sure to follow the label guidelines.

It's just what the doctor ordered!



Best wishes,
Lucille

Lucille Sorella
Creator of [The Flat to Fem Breast Enlargement Program](#)

Ed. note: Saw palmetto is also recommended for prostate health

This past Saturday was the last night for the Pink Lizard near Highspire. The Pink Lizard has been a safe haven for many of us for 8 years and may have been the first place to go out in public. Marsha, we will miss you ...It's been fun. We wish you and your partner well.

Later this month a new nightclub will reopen at the same location. Liquid 891 www.liquid891.com will serve the same community. The owners are Jeff and Tim, former bartenders at the Pink Lizard. I am sure this new watering hole will be a gathering place for t-girls on the first Saturday of the month as the Pink Lizard was in the past.

I found a website recently that was very interesting with lots of good information and even a little humor involving transsexuality. <http://transsexual.org/index.htm>

I recently received this letter from HRC, which requires immediate action.



Dear Ellen,

Late last week, House leaders announced their decision to change the language of the Employment Non-Discrimination Act (ENDA) so that it only includes sexual orientation and not gender identity. These House leaders have said that they do not have enough votes to move forward with the original fully-inclusive bill.

We are profoundly disappointed by this move, and I want to explain our position and ask you to write your congress member today.

[Tell your representative we need an employment discrimination law that includes the entire GLBT community.](#)

Since 2004, the Human Rights Campaign's policy has been to **only support civil rights legislation that is inclusive of gender identity - a policy that was reaffirmed by our Board of Directors in a vote on Monday night.**

That's why we fought tirelessly for - and won - Congressional approval for a hate crimes bill that includes gender identity, and have been working for years to pass an inclusive employment discrimination bill.

This year we ramped up our lobby presence on the Hill, helped coordinate broad coalition efforts, and deployed our field team to more than 40 key congressional districts to mobilize unprecedented support for an inclusive ENDA. We secured the active support of corporate America, with more than 50 major companies joining our Business Coalition for Workplace Fairness. Our Religion and Faith Program was instrumental as well, giving voice to thousands of faith leaders across the country. We secured supportive editorials from a record number of newspapers, and with your help we generated hundreds of thousands of constituent contacts to members of Congress, through emails, phone calls, postcards, and thousands of hand-written letters.

However, we're facing a stark reality. The House leadership and bill sponsors are moving forward with a non-inclusive ENDA - even without the full support of our community. They view this as the best opportunity this year to get a successful vote on legislation extending protections to the largest number of people.

I want you to know we made every possible effort to avoid having a non-inclusive bill introduced and we did succeed in helping convince Congressional leaders to delay action on the new bill until later this month.

We now have a window of opportunity to try and line up the votes we need to pass a fully-inclusive ENDA.

We've delivered HRC's message to Congress, but I'm asking you today to send your own message. Your Representative must understand that supporters of equality will not rest until rights are extended to everyone in the GLBT community.

[Tell your Representative you stand behind legislation that will provide the same protections to all GLBT people.](#)

This has been a long battle. HRC first started the quest for ENDA in 1994. We've been pushing for an inclusive bill since 2004. This month, ENDA could pass the U.S. House of Representatives for the first time in history.

I implore you to take action today and to forward this message to your family and friends. Working together, I am confident we can pass historic civil rights legislation.

Warmly,



Joe Solmonese
President

Calendar for October 2007

Thurs Oct 4 – Goth Dance Night – 10 PM – Stallions

Sat Oct 6 – TransCentral PA meeting – 8 PM – MCC Church - Harrisburg
Program – Transgender and the Family

Fri Oct 12 – Renaissance of South East PA, ROSE meeting – 8:30 PM – MCC Church – Mountville
Program – “A Woman’s Presence” – guest speaker Wayne

Wed Oct 17 – Parrot Bay Promotion – 10 PM - Stallions

Sat Oct 20 - Drag Show with Kierra Darshell and male strippers - 11:30 PM – Club Z – Williamsport
- Drag show – 9:30 PM – CC’s - Sunbury

Sun Oct 21 – Country Line Dancing – 5-9 PM – Club XS – York

Fri Oct 26 – Drag show – 10 PM – Club XS

Sat Oct 27 – Halloween Z – Club Z
- Halloween Costume Party – Club XS
- Halloween Costume Party – Altland’s Ranch – 8 PM – Spring Grove
- Costume Dance party – Stallions

Wed Oct 31 – All Hallows Eve